



## **Mountain Rescue England and Wales and Scottish Mountain Rescue Guidance on CPR for Casualty Care Certificate Holders**

- Wear level 2 PPE.
- Check for unconsciousness – “signs of life”.
- Do not assess breathing.
- Do not perform any airway interventions.
- Cover the patients face and nose with a surgical mask.
- **If** an AED is immediately available apply and follow instructions.
- When instructed start chest compression only CPR.
- Consider ROLE as appropriate.

### Notes:

- If an AED is not immediately available start compression only CPR, await AED, consider ROLE as appropriate.
- For MR teams with access to a mechanical chest compression device- early use allows the rescuer to withdraw to a safe distance away from the casualty during compressions and reduce any potential risk.
- In more “urban situations” where other emergency services may arrive quickly carry out a dynamic risk assessment on AED only + wait for professional help vs Compression only + AED resuscitation.
- Children: Ask for advice and help early.
- ROLE consider: viability of resuscitation in persistent non shockable rhythm when chest compression only CPR is greater than 15 min and in unwitnessed cardiac arrest.

Ref: Guidance to UKSAR Responders Covid-19 12/5/20 V2 (see Moodle-Covid-19)