



**Mountain Rescue England and Wales
and Scottish Mountain Rescue
Covid-19 Guideline 1
Initial Approach to the Casualty**

ASSESS RISK
No risk assessment no rescue
Self - Casualty – Others
Any of the Following
 Casualty Known to be Covid-19 positive
 Recent dry cough/Fever
 Contact with known or suspected case in last 14 days
 Unconscious or unable to give history
 Medical symptom of shortness of breath chest tightness started recently but before today.

Mask on casualty (when you are in PPE)
 (unless requires oxygen or other priority need)

**YES TO ANY
[High Risk]
or
Need to give Casualty Care
(Minimum PPE required)**

- Surgical Mask
- Gloves medical (double has advantage for casualty care)
- Eye protection (helicopter goggles / glasses)
- Waterproof layer

**NO TO ALL BUT
[Low Risk]
Need to be within 2 m
eg stretcher carry
(Minimum PPE required)**

- Surgical mask on Team member*
- Gloves (single no need for medical gloves)
- Eye Protection
- Waterproof layer.

*This should be the normal action.
Dynamic risk assessment in exceptional operational circumstances where safety or effectiveness would be compromised.

NO TO ALL

Social distance maintained.

No contact with contaminated equipment.

- Minimise total team.
- Team to maintain social distancing.
- Bystanders must leave scene.
- Kit dump away from casualty site.
- Casualty Care by minimal number (1 or 2).
- Runner between kit dump and casualty site.
- Advise aircrew or ambulance of patient Covid-19 status.
- Do not use bivi shelter unless specific clinical need. Consider blizzard bag.
- Focus on critical interventions only.
- Dispose or Isolate and wash/decontaminate.

- Assist rescue maintaining social distancing.
- Do not touch any potentially contaminated equipment.
- Dynamic risk assessment.
- Put on PPE if role changes.