



Mountain Rescue England and Wales and Scottish Mountain Rescue

Covid-19 Guideline 2 Changes to Casualty Management Applies to all casualties

You **must** have done your risk assessment and have appropriate PPE for this rescue.

A

Do **not** use suction.
Do **not** use airway adjunct – NPA, OPA.
Assume all airway interventions are high risk and should not be performed by Casualty Carers. Should not be performed by HCPs without risk assessment appropriate PPE and training.
Turn airway at risk casualties into the lateral position.

B

Do **not** use a pocket mask – all patients.
Do **not** use a bag valve mask – all patients.
Only use oxygen according to clinical need. Use a pulse oximeter to guide oxygen use if possible.
Nebuliser for asthma:

- Use inhaler and spacer as first line (single patient use / dispose after use)
- If required use nebuliser on lowest flow (approx 6 l/min).
- Do not use in enclosed space.
- All rescuers > 3 meters away and up wind during treatment (MUST enforce distance).

C

Cardiac Arrest.

- Use Level 2 PPE
- Check for signs of life
- Do **not** listen for breathing or get close to mouth or face.
- Cover casualty mouth & nose with facemask.
- **If** AED is immediately available apply before chest compressions.
- Apply Defibrillator and follow instructions.
- Do **not** ventilate or perform any airway intervention.
- Perform compression only CPR as instructed by AED.
- Consider use of mechanical chest compression device if available

D

No change – record conscious level.

E

Do **not** use a bivi shelter unless it is clinically required.
Keep warm using early alternative insulation if possible.