



## Mountain Rescue England and Wales and Scottish Mountain Rescue Covid-19 Guideline 3 Evacuation and End of Rescue

### Stretcher Evacuation

Consider:

Minimise members involved.

Sledging creates more distance than carrying / possibly less stressful.

PPE is hot- light underclothing clothing / change personnel / hydration.

Gloves – use washable gloves and decontaminate or disposable gloves.

Facemask for casualty to act as a “barrier”/ face mask for rescuer.

### Working with other Agencies

Always inform of your risk assessment and Covid-19 status of patient and communicated to other agencies.

### End of Rescue at Road Side and Base

**Decontaminate Team Kit as much as possible before leaving RV, then Use a “Buddy System” and have someone read out the procedure below:**

1. DO NOT TOUCH YOUR FACE
2. Remove gloves – turning inside out –dispose.
3. Gel hands.
4. Remove outer waterproof layer–turn inside out- bag wash at high temperature.
5. Gel hands
6. Remove goggles - bag – decontaminate.
7. Gel hands.
8. Remove helmet / headwear – bag – decontaminate.
9. Gel hands.
10. Remove facemask – dispose.
11. DO NOT TOUCH YOUR FACE.
12. Wash hands with soap and water at roadside or use hand sanitiser.

At base ensure you have a local procedure to:

Wash and decontaminate all equipment.

Base cleaning instructions and facilities.

Immediate access for hand decontamination for all members.

Team members will only need to isolate if they develop symptoms or

### Drugs

There is no proven link between Ibuprofen and worsening of Covid-19. Ibuprofen for analgesia for analgesia in MR casualties is safe.

Use Entonox with a viral filter.

Do **not** use IND in high-risk casualty (risk of sneezing/coughing)

Consider using Fentanyl Lozenge (self administered, no patient contact, dispose as contaminated material) or IM morphine.

The advice contained in these three documents (MREW Covid-19 Guidelines May 2020) brings together the principles of management that have emerged in the past few weeks.

These are guiding principles and will need to be implemented at a local level. This is a fast-moving crisis and this guidance can change. Amendments will be placed on MREW Moodle Covid-19 site.

Mike Greene. MREW Medical Director. May 2020.