



ANNUAL REVIEW 2019

Volunteering to save lives

WHAT WE DO

Scottish Government and St John Scotland are committed supporters of Scottish Mountain Rescue and we thank them for their assistance.

Scottish Mountain Rescue (SMR) represents 24 Mountain Rescue Teams (MRTs) made up of highly trained volunteers. Scottish Mountain Rescue and our Member Teams are all Charities. We also represent three Police Scotland MRTs and one RAF MRT.

Our **850** volunteers respond in a moment's notice, 24 hours a day, 365 days a year, to provide assistance to people in the outdoors. They give up their time, their beds, abandon their work and are often called away from their families to assist total strangers.

Together we are here to save lives in the outdoors in Scotland.

"The Mountain Rescue Team provided comfort, support and most importantly adamant reassurance that it was all going to be OK, which of course it was".

Sheila King who was rescued by Tweed Valley Mountain Rescue Team after shattering her ankle in 2019.

www.scottishmountainrescue.org

Scottish Mountain Rescue is a registered Scottish Charity No. SC045003

Image © Assynt MRT



HIGHLIGHTS OF STATISTICS

Incidents

502 Total number of incidents in 2019
An incident is defined as a single event that requires the services of an MRT. The resolution of this incident might need several call-outs of a team (or teams) for example during a prolonged search.

2018: 588
2017: 423

243 were mountaineering* related, **259** were non-mountaineering incidents.

**Mountaineering includes hill-walking, scrambling, rock climbing, winter climbing, and MRT activity.*

Call outs

The total number of separate team call-outs was **672**, or **730** including 'continuations' (linked call-outs on different days).

2018: 673
2017: 642

The busiest day of the week for teams in 2019 was Saturday.

Hours

In 2019 Mountain Rescue volunteers gave up **26,934** hours of their time during call-outs.

2018: 29,091

That's an average of **31** hours per volunteer per year.

People helped

During 2019 **595** people were rescued.

2018: 851

2 incidents involved the rescue of sheep and **3** rescues involved the rescue of dogs.

502

Total number of independent incidents.

243

Incidents related to mountaineering.

259

Incidents not related to mountaineering.

672

Total number of team callouts.

26,934

Hours of time given up by volunteers.

595

People were rescued.

3

Dogs rescued.

2

Sheep rescued.



WORDS FROM THE CHAIR

If you ask members of Mountain Rescue Teams what words come to mind to sum up their work it is team-work and community. But in a sense both words are underpinned by another, "support".

Support comes up in so many different places within Mountain Rescue. There are the obvious ones, team members helping and supporting each other. Then there is the support Mountain Rescue teams across Scotland give each other by working together. And there is the support of Mountain Rescue teams across the world, helping to develop new equipment and ideas and always willing to share with each other.

There is the mutual support between the Mountain Rescue Team, the Police, the Helicopter Crews, the Ambulance Service and local NHS staff and sometimes the Coastguard or Fire Brigade who at one time or another will all work together to ensure someone has the best possible chance of being rescued.

Then there are other individuals and organisations who provide broader support to Rescue Teams including Scottish Government, equipment suppliers and the companies and individuals who provide financial support in the form of donations.

Mountain Rescue teams are often based in rural or semi-rural regions and are integrated within their local communities. Rescue Teams support their communities but that support is very much two way. A team member needs the support of their household, their work colleagues, extended family and friends to enable them to respond to a callout or be free to train. A team needs the support of

their community to help with the non-operational side of running a team whether it be fundraising, helping with medical training or cleaning a rescue post once a week. Local members of the community also help access remote areas, when those community members have specific local knowledge and can provide advice to support with a rescue.

All Mountain Rescue Teams are supported by people they have rescued, either in

"Rescue Teams support their communities but that support is very much two way. A team member needs the support of their household, their work colleagues, extended family and friends to enable them to respond to a callout or be free to train."

raising funds or being courageous enough to provide stories so others may learn. Many teams and team members go on to form long term friendships with people who have been rescued.

So yes, Mountain Rescue Teams support many others, but they are also supported by a wide range of individuals and organisations who all contribute to providing a safer environment for people to work and play in.

Damon Powell
Scottish Mountain Rescue Chairman



VISION AND VALUES

Our vision

- To maintain the ability of Scottish Mountain Rescue affiliated teams to locate, assist and save the lives of people who are lost, injured, missing or otherwise in need of help in Scotland's mountains and remote places.
- To offer a world class, front line, voluntary search and rescue service capable of responding, individually or collectively, any hour, any day and in any weather condition.
- To work with other emergency responder organisations to assist our local communities in times of emergency.

Our values

- Excellence – We strive to assist all of our members to achieve excellence in their Search and Rescue activities.
- Community - We strive to maintain a strong community of independent teams working collaboratively for the benefit of all.
- Engagement - We will strive to engage positively with any person or organisation towards improving Search and Rescue capabilities in Scotland
- Inclusivity – We will endeavour to promote respect for all people equally, without bias, around differences of any kind.



HIGHLIGHTS

January

Moffat Mountain Rescue Team turned 50 years old.

February

Scottish Mountain Rescue held our first well-being and resilience event for Mountain Rescue Team members and their families. The event explored threats, risks, and ways to deal with these and how individuals, families and teams and national organisations are impacted.

March

Search and Rescue Dog Association (Scotland) hold their annual assessment weekend in Glencoe



April

Search and Rescue Aerial Association – Scotland speak at the Edinburgh Science Festival on the topic of science in Mountaineering.

May

Dundonnell Mountain Rescue Team amass over 500 hours to search for a missing walker, in remote mountain terrain. Torridon Mountain Rescue Team are later drafted in as well.

June

Andy Elwood a former Search and rescue winchman – made a journey around the UK to discuss mental health in the emergency services. Andy visited Scottish Mountain Rescue Teams for a chat.

July

Skye Mountain Rescue Team are called out 3 times over a weekend, including one in the Cuillin for a fallen walker in Coire a Ghrunnda. Thankfully the Stornaway Helicopter happened to be in the area and was on hand to uplift the casualty and Skye MRT were spared what would have been a very hot stretcher carry as the temperature was a balmy 23 degrees at 2700 ft.

August

Tweed Valley Mountain Rescue Team are called out at night to search for a missing 14 year old who was lost in the hills North of Peebles. As this was a large search we were joined by Police Helicopter who located the boy about 01.20 and guided Tweed Valley to his location by Radio.

September

Glenelg Mountain Rescue Team are nominated for the Highland Heroes award. In November they are announced as winners.

October

Scottish Mountain Rescue replace the aging VHF equipment, rolling out new digital equipment to all Scottish Mountain Rescue Teams.

November

Braemar MRT respond to a call out in the Ben Macdui area. The missing people are found safe and well.

December

Multi agency response to assist two hill walkers who had been reported avalanched on Beinn an Dothaidh above Bridge of Orchy. The teams and organisations responding included Arrochar, Glencoe, Oban Mountain Rescue Teams, SARDA Scotland, Police Scotland Mountain Rescue, Rescue 199 and Scottish Ambulance Service.



SUPPORTING COMMUNITIES

We want to celebrate how Scottish Mountain Rescue and our member teams relate to this year's theme of support in their communities. SMR and our member teams are a part of the Scottish outdoor community. Through search and rescue, it supports the people in that community, and through fundraising and donations, amongst other things, it is in turn supported by that community.

On a regional level, SMR member teams are also part of local communities; again, they support, and are supported by those local communities. Mountain Rescue may be our namesake, but these acts of community support are incredibly important too, and we want to put the spotlight on them and celebrate our member teams and our communities and how we support each other.

We asked for some examples of how teams have been involved with their local communities, and from the accounts below, you can see a whole variety of events going on! From races to beer festivals, scouts' trips and safari nights, our teams get involved in many ways, showing the great relationship with local communities.

Team members from **Killin MRT** got involved with the event "Dreamnight at the zoo", Team Member Will Diamond said:

"The event was held on the 14th June and this was the second year that the team had been invited to participate. Myself and my wife (both Killin MRT members) used to work as animal keepers at Blair Drummond so the staff got in touch with us to ask if the team would like to get involved. I had volunteered at the event previously, both whilst working at the park, and

more recently as a Community Police Officer, so was grateful when the team agreed to support the event.

"Dreamnight at the zoo" is a global event in which zoos and aquariums open their doors for one night only to terminally ill or children with disabilities and their families, as well as those facing life-long conditions. The evening is completely free of charge with the intention of giving families a more personal and friendly evening at the zoo – a VIP evening, just for them! The idea started in 1996 with just one zoo - to date 281 partners in 29 countries join in this event every year!

The team had a number of volunteers on hand that evening to let the children and their families have a look at our team vehicles, as well as the equipment we use and finding out about the role of the team and their members. This is an experience that a lot of these children and families would never routinely get to take part in. All of the children were keen to get hands on with the equipment and learn more about what we do as a team, and all of us found the evening quite humbling and it was a privilege to take part in their event. Our invite for this year's event is now sadly on hold given the current Government guidelines as the Safari Park has closed its' doors to the public meantime. We will definitely be back to support them at the event in the years to come."





Ochils Mountain Rescue Team were picked by the local CAMRA group as one of the beneficiaries to receive a donation from The Alloa beer festival. Team Member Iain Aiston recounts his experience at the event;

“On October 25 2019 I was invited as a guest to sample 5 ales at the Alloa Beer Festival. It seemed a light hearted event until it was pointed out that it was to pick the prize winning beer of the festival, so this put some responsibility on our shoulders as those brewers put time and effort into making these ales and of course it's their livelihood.”

Ochils MRT have also been involved with their local Scout groups, which Team Member Mark Fraser shares some words on;

“Since the founding of Ochils MRT, there has always been a close connection with local Scout groups and we were asked by the 1st Kinross Cubs to help deliver an outdoor element to their Emergency Aid badge.

The Cubs had a great time getting hands on with some of our rescue equipment and the questions we had were certainly varied and interesting. The enthusiasm shown by the Cubs is testament to the leaders.

Helping the Cubs in such a way allows Ochils MRT to constructively give something back to the local community and to also maintain and develop contacts with same community, key to the long-term future of the team.”

Hebrides Mountain Rescue Team supports the event Heb-Race On the Edge, with Team Leader Charlie Greenwood commenting;

“Every year the team travels down to Benbecula to provide first aid cover for the Heb-Race on the edge. The race is a multi-day event where participants navigate their way round the Uists cycling, running and kayaking.

During the event, small teams of HebMRT members are distributed across the route, covering the tops of Hecla and Beinn Mhor out to the tidal island of Vallay and along the beach of South Uist. Due to the nature of this adventure race it is inevitable that some competitors have small injuries, these are mostly small things like blisters, sprained ankles and road rash, although we do see a few ticks!

This well attended event is great opportunity to raise much needed funds for the team, especially as we fund-raise for a new base, whilst also spending time in the hills, moorlands and beaches of the Uists.”

As these events prove, the teams support their communities in many different ways, and both the teams and the communities benefit and are grateful for this relationship. The idea of support is at the heart of what SMR and our member teams do.



TEAM MEMBER PROFILES

Sue Vest

Galloway Mountain Rescue Team Secretary

I joined Oban Mountain Rescue Team in 2011. I've always enjoyed spending time in the mountains and this seemed an ideal way put my skills and enjoyment of the outdoors to good use. When we moved to Galloway in 2015, it seemed natural to continue with Galloway Mountain Rescue Team (GMRT). I am currently the Secretary for GMRT and was previously the Medical Officer. I am also working with team colleagues to develop how we support wellbeing within the team. This has developed from the work that Steve Penny, Scottish Mountain Rescue Welfare Officer has been doing nationally. During incidents I support with search management and as with a number of others in the team, I contribute to delivering local training. I have also acted as a Casualty both for Casualty Care assessments and during the national conference.

I work for the NHS within Health and Wellbeing. My role involves working with communities to develop projects which impact on wellbeing and facilitating connections and between people, groups and organisations. I also deliver various training courses including Scottish Mental Health First Aid.

The hardest thing about being in a Team is that any search is tough as you know there is potentially a scared and / or unwell person, somewhere, relying on team members to locate and assist them. There is also the impact on family and friends and the local community. You join Mountain Rescue to help but during a long search, even though you know you are doing what you can, there are times when you can feel quite powerless.

Meeting family and friends after any death is hard but also really important. I've been struck more than once by dignity shown. When the person is



someone you know or is from your community, it is very hard. People around you are affected.

The best thing about being in a team is being part of something that has a real impact on people's lives and to be able to do something to positive. Being part of a network of people. Even if it's the first time you've met someone, if you are or have been part of Mountain Rescue, you have something in common. There are also the skills you develop and people you become friends with.

I feel very well supported within my team and also as part of Scottish Mountain Rescue (SMR). I know there are people available if needed. A couple of years ago I had to pull out of heavy hill going activity due to injury. I was worried that I would have to leave MR but was able to find roles within both my local team and with SMR that has allowed me to continue to be an active member - which is great. Access to the Employee Assistance Programme is very good - just knowing it's there if needed. I'm also fortunate in that my employer respects

the voluntary side of my life and feel able to balance the two roles.

Our team also supports the local community for example each year, GMRT Members volunteer for the Newton Stewart Walking Festival as walk leaders. Myself and a team colleague sit on the committees for both.

In response to local flooding in early 2016, we established a Water Rescue Technician Team (DEFRA type C). During severe weather incidents we get tasked to support other emergency services. In addition, team members do talks for various groups, invite groups to visit our base and have a presence at local events.

There are lots of memorable moments in my time in Mountain Rescue. First callout? First Casualty? Emergency landing in a helicopter?

In March 2020, I delivered the first Scottish Mental Health First Aid for SMR. At the end of the weekend, to hear people say that it had been worthwhile and to listen to comments about how the learning could be used both within Mountain Rescue and their 'wider lives' was really quite special.

Billy MacKenzie, Glenelg Mountain Rescue Team

I think it was only natural that I joined a Mountain Rescue Team, as I was a worker on the hill, and became a member of a team that covered some of the same territory I worked on.

This initially led me to join Braemar Mountain Rescue Team, around 33 years ago, when I worked on Mar Lodge estate as a Deer Stalker.



Later when I moved back home, I joined Glenelg Mountain Rescue Team as a Team member but have also done my stint as a training officer. My brother Alan is also a member and my father Willie eventually retired after being Team Leader for many years. It's becoming a bit of a family tradition!

I am again, a Deer Stalker/Estate worker on a local estate.

I think the worst thing about being in a Mountain Rescue Team is that the outcome is not always successful, all too often the outcome of a search or rescue can be tragic. On the plus side, a 'good result' is always a huge morale boost to the Team.

Our team is in a small knit community where everyone knows each other and the Team spirit is always excellent. The Team members have a wide range of occupations with a good pool of local knowledge, which even in this day of GPS technology, has come into its own many times.

I have had many memorable times on search and rescue and training, but at time of writing, we have just had our first and hopefully last, Covid 19 lockdown callout, which will probably rank high in my memorable callouts!

At the end of the day, we are here to help those who love our Scottish wild places and I feel very proud to be a member of such a fine Team.



CASUALTY STORY

Niall Gosman and Mike Snaith were involved in an avalanche at the Bridge of Orchy in December, which resulted in a multi-agency response including support from two Scottish Mountain Rescue member teams, Oban Mountain Rescue Team and Arrochar Mountain Rescue Team. Here they tell the story in their own words:



What happened on the day of the rescue?

On December 16th 2019, my friend Mike and I were aiming to complete two Munros at Bridge of Orchy (Beinn Dorain and Beinn an Dothaidh). When we got to the low point between the two hills we decided that there would only be enough time for one, so we decided to continue up Beinn an Dothaidh. As we neared the summit, the conditions began to worsen quickly with the visibility dropping to whiteout conditions. Checking the map I could see that we were very close to the summit. We decided to give ourselves 5 minutes to reach the summit, if not we would turn back. However after a couple of minutes we reached the cairn marking the top. With the weather conditions we decided it wasn't wise to hang around and began to make our way back. All of sudden I had the feeling of weightlessness occasionally sliding on my back while surrounded by snow. It felt like being in a washing machine filled with snow. This lasted what felt

around 20-30 seconds before coming to rest under the snow. We later found out from the mountain rescue teams that we had stepped through a cornice and fell around 1000 feet down the face of Beinn an Dothaid. After pulling myself out from the snow I was able to call Mike to make sure he was OK, as we had been separated in the fall. It wasn't until we were picked up that I heard from him again. I then phoned the Police and asked for Mountain Rescue as I was unsure of Mike's location or if there was further danger from avalanche where we'd landed. After the call, I knew we would have to stay put as my phone had ran out of battery and the rescuers knew our location.

How did mountain rescue help? What actions did they take and how did you feel throughout the rescue?

Initially this was via a call to assure that they knew our location and that teams were converging on the Bridge of Orchy.

This gave me some relief to know that help was now on its way. However, I hadn't heard from Mike for several hours and you do begin to think the worst. Mountain Rescue responded by sending 3 teams (Oban, Arrochar and Glencoe). Being found brought a massive wave of relief at knowing that we were now safe. I couldn't speak highly enough of the professionalism of the teams that were involved. I do remember being surprised at how calm and reassuring they all were during the rescue.

What was the outcome of the rescue?

Mike and I were both successfully escorted off the hill with only minor injuries. I had been taken to Belford Hospital in Fort William for a check-up and found out I had broken my collar bone. We were both a bit bumped and bruised but thankfully nothing major.

What difference did this make to you?

Knowing that we had managed to escape from the accident with relatively minor injuries was a huge relief. We also had a new found respect for the work the Mountain Rescue teams do. I was obviously aware of what they do, but never thought I would see it first hand, let alone be involved in a rescue.

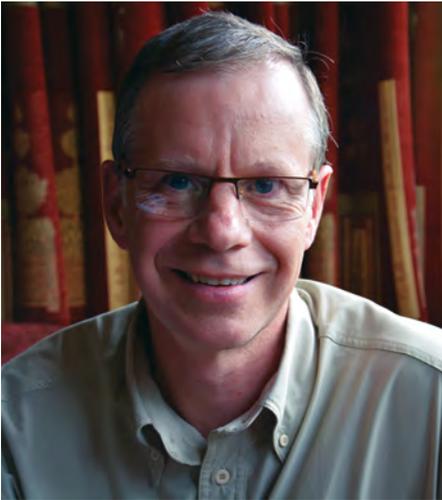
How did you feel about the support that you received from mountain rescue?

The people who were involved in the rescue were brilliant. I found them to be very reassuring and understanding of what had happened. Advising us that in no way should this put us off returning to the hills but using the experience to learn from. We both couldn't be more grateful for their help and support that day, without them I don't know if we'd both be here to tell the story.



PROVIDING WORLD CLASS SUPPORT TO OUR VOLUNTEER TEAM MEMBERS

In conversation with Steve Penny, Wellbeing Officer for Scottish Mountain Rescue and team member of Tweed Valley Mountain Rescue Team, who has recently been awarded a MBE.



'I'm not sure the exact year I grew interested in wellbeing, but it was fairly early on, particularly after my own experience of locating a casualty in an avalanche in 1995', Steve recalls. Initially, the volunteers received input from the police about Critical Incident Stress Debriefing, and Steve attended a skills course on the subject, saying he found it 'fascinating', 'how things can happen, or change, after a

difficult incident'. TRiM (Trauma Risk Management) was introduced later, and Steve, along with one other in the team was trained as a TRiM practitioner in the initial pilot phase with Lothian & Borders Police. Steve notes how both processes were useful in responding to a potentially traumatic incident, but he felt the focus was on responding rather than preparing. Around 2015, Steve's ideas on wellbeing was developing into a more holistic approach: "...that gives people the skills to understand in advance, so that they are better prepared to deal with an incident. The possible reactions to a potentially traumatic incident won't come as a surprise, and they won't think there is something wrong with them for reacting as they do".

Now there is a Wellbeing Framework that aims to help teams explore wellbeing from the before point at which new members join the team, through their time in the team, and then to the point that they might retire from full operational duties. Steve comments, *'some of the biggest challenges are just being a volunteer. As a responding volunteer, you never know when you'll be called out; are you leaving a family event, work, missing out on other events... just being a volunteer responder can be a challenge as well as offering huge reward.'*





“The possible reactions to a potentially traumatic incident won’t come as a surprise, and they won’t think there is something wrong with them for reacting as they do”.

Steve would like to see improved resources for families and employers; he helped produce a ‘Welcome to the Team’ family booklet that new volunteers can take home to read with family, so that *‘the family joins the team rather than the individual’*. *‘Joining will be a big change to their lifestyle and can be a lot of pressure, so we want to be better at explaining these challenges to new members so they are prepared’*. Steve discusses how he would like a better understanding on the employers’ side, so that they *‘see the value in employing someone who is a volunteer responder and see it as ‘a benefit to business as well as supporting the community’*. This work will be progressed this year with Lifelines Scotland.

For Steve, the sharing of information and good communication is important in building a positive culture in the team, and central to the key aim #staysafestaywell. *‘Keeping individuals well relies on keeping families up to date, keeping employers involved, keeping teams involved; a good culture in the team, speaking out about problems, breaking down stigma and encouraging peer support. Then if a team does have a challenging incident, for example a team fatality, or a rescue involving someone they know, whilst people may be impacted they will be more resilient because they will understand what is going on*

in themselves and in others, they will know where to get support, they will have a good social network, and all of this will help them to bounce back’.

On being awarded an MBE Steve notes: *“In terms of recognition too, it’s good for MR; it’s a different kind of profile raising, and it shows our level of commitment. And it wouldn’t be possible without support from families, employers and your team colleagues. So in a sense it’s an award for far more than the individual.’ He reckons that ‘MR is probably under-represented because people shy away from thinking we do anything special, we are in mountain rescue because that’s just what we do- we don’t do it for recognition’.*

Steve’s hard work and dedication to Scottish Mountain Rescue proves him well-deserving of the award, and Scottish Mountain Rescue are delighted to congratulate him on receiving it. We are very grateful for everything he has done for the organisation on a local and national level. Steve Penny MBE- MRT Member, Dog Handler, Search Manager, Friend, Mentor, Wellbeing Officer and a True Gent.

THANKS



St John
Scotland



We want to express our heartfelt thanks to all our supporters and fundraisers on behalf of our 24 member teams, our 850 volunteers and the people they have rescued. Without your support we would not be able to be there for people in need of rescue in the mountains and outdoors in Scotland. 3 in 5 of our rescues are funded by donations from the public including gifts in wills. Here is what it means to our team members and those rescued by our member teams in their own words:

“It is wonderful to experience the support we have from the communities we serve, and the lengths that people go to with their fundraising and generosity to support us. Getting an update from people we have rescued, once they have recovered, is really rather nice”

Elana Bader, Tweed Valley Mountain Rescue Team and SARDA Scotland

“All I can do again is say a massive thank you to everyone involved. For those of us who love the outdoors and the Highlands we never want to be caught in an emergency obviously but it’s incredible to know that volunteers will go out looking for you”

Two runners who were recently rescued by Dundonnell and Torridon Mountain Rescue Teams.

For many years **St John Scotland (SJS)** has been the largest charitable donor to MRTs in Scotland. By 2020 this will amount to over £3.75 million in funding, mainly through the provision of bases and vehicles.

St John Scotland supported Scottish Mountain Rescue across Scotland with a significant financial contribution towards the purchase of new radios and these were rolled out in 2019. This was a vital development replacing aging and failing equipment with modern technology with improved capabilities that will make team members safer and will enhance our ability to aid people in distress.

St John Scotland have made a massive contribution to Mountain Rescue in Scotland over many years. We are incredibly grateful for their continued support. In return our teams are increasingly assisting St John Scotland with its work in taking public access defibrillators and CPR training to their communities, and we look forward to finding ways to continue to support each other in the future.



The **JD Foundation** is a registered charity founded by JD Sports Fashion Plc in December 2015. There are currently thirteen charities supported by the JD Foundation, two of which are their environmental charities, Scottish Mountain Rescue and Mountain Rescue England and Wales.



HOW TO SUPPORT SMR

As an international multichannel retailer of sports fashion and outdoors brands, the JD Group includes leading outdoor retailers Blacks, Millets, Tiso and Ultimate Outdoors. Therefore the JD Foundation is delighted to support Scottish Mountain Rescue and Mountain Rescue England and Wales through monies raised on the sale of carrier bags across its stores in Scotland, England and Wales.

Since its launch the JD Foundation has donated £169,689 to Scottish Mountain Rescue to support the teams of volunteers and their invaluable work saving lives and promoting safe mountaineering.



The **UK SAR Training Fund** administered by the Charities Aid Foundation generously supports the national training programme offered by SMR. In 2019 we offered 353 places on 18 courses which took place across Scotland.

**nokian
TYRES**

Nokian Tyres have partnered with Scottish Mountain Rescue in a three-year sponsorship deal. The agreement will see Scottish Mountain Rescue vehicles fitted with Nokian Tyres' most recent and innovative products.

There are a number of ways to help SMR or your local MRT –

- Make a one-off donation
- Set up a regular donation
- Volunteer your time
- Leave a gift in your will
- Fundraise

www.scottishmountainrescue.org/support-us

fundraising@scottishmountainrescue.org

01479 861 370

Volunteers are the heart of SMR.

They couldn't do what they do without support from people like you.

They give their all.

Please give all you can.



SMR represents these teams and their contact information can be found on scottishmountainrescue.org

Aberdeen MRT
Arran MRT
Arrochar MRT
Assynt MRT
Borders Search and Rescue Unit
Braemar MRT
Dundonnell MRT
Galloway MRT
Glenelg MRT
Glenmore Lodge MRT
Hebrides MRT
Killin MRT
Kintail MRT
Lomond MRT
Moffat MRT
Oban MRT
Ochils MRT
SARDA (Scotland)
SARDA (Southern Scotland)
Search & Rescue Aerial Association Scotland
Scottish Cave Rescue Organisation
Skye MRT
Torridon MRT
Tweed Valley MRT
Police Scotland (Grampian) MRT
Police Scotland (Strathclyde) MRT
Police Scotland (Tayside) MRT
RAF Lossiemouth MRT

SMR works in partnership with –

The Scottish Government
Police Scotland
Scottish Ambulance Service
Scottish Fire and Rescue Service
Bristow Helicopters Limited
Maritime and Coastguard Agency
HM Coastguard
The Home Office

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Volunteering to save lives