

**Scottish Mountain Rescue** 

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## 'Volunteering to save lives'®

# Annual Report 2014

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Scottish Mountain Rescue would like to thank the Scottish Government and the Order of St john for their continued commitment and financial assistance.





### Annual Statistical Report 2014

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All enquires about the content of this report or any other matter associated with Incident Reporting should be directed to Police Scotland on whose behalf the MR statistical data is held. Any other enquiry relating to Scottish Mountain Rescue should be directed to the General Manager at:-

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#### Introduction

All Mountain Rescue in Scotland is coordinated by Police Scotland. They receive the initial callout through the 999 system and then task the most appropriate asset, which on the mountains is usually the local Mountain Rescue Team (MRT). Each Team is an autonomous organisation who then can submit their reports to the Statistician of Scottish Mountain Rescue, the representative body for Mountain Rescue in Scotland. The information contained within this report is a collation of the Team returns and can be taken as a summary of the Operational responses of the volunteer and professional teams which operate throughout Scotland.

This annual report covers the calendar year 2014 from January 1<sup>st</sup> to December 31<sup>st</sup>. For this complete year, the reports were submitted via an emailed spreadsheet.

For brevity, throughout the report, persons are referred to as "casualties". This encompasses all persons assisted even those who were un-injured.

#### Summary

- 1) There was a total of 533 separate incidents in 2014 to which the volunteer Mountain Rescue Teams, Search and Rescue Dogs and Scottish Cave Rescue were called.
- 2) Volunteers contributed 21 937 hours of their time during these operations.
- 3) A minimum of 655 people were assisted.
- 4) The greatest number of callouts occurred within the Highlands and Islands division of Police Scotland
- 5) The activity with the greatest number of casualties were participating in was Hillwalking in Summer conditions.
- 6) Most accidents are caused by a simple slip or trip.
- 7) Injuries to the lower leg remain the most common.
- 8) The number of fatalities has significantly reduced on previous years, 26 for the period, compared to 55 in 2013 and 62 in 2012



## **Overall Statistics**

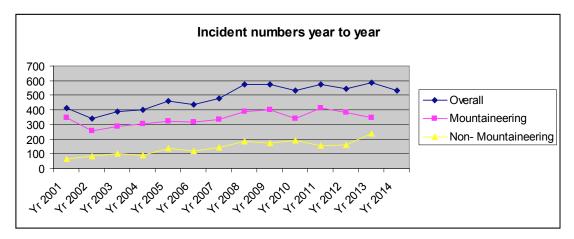
The total number of incidents

The summary data for 2001-2014 is shown below

#### Table 1: Number of incidents

| Year | Mountaineering | Non-<br>Mountaineering | Not<br>specified | Total |
|------|----------------|------------------------|------------------|-------|
| 2014 | 273            | 176                    | 104              | 533   |
| 2013 | 347            | 239                    |                  | 586   |
| 2012 | 381            | 162                    |                  | 543   |
| 2011 | 413            | 151                    |                  | 573   |
| 2010 | 340            | 194                    |                  | 534   |
| 2009 | 402            | 172                    |                  | 574   |
| 2008 | 387            | 188                    |                  | 575   |
| 2007 | 333            | 145                    |                  | 478   |
| 2006 | 315            | 119                    |                  | 434   |
| 2005 | 321            | 137                    |                  | 458   |
| 2004 | 308            | 90                     |                  | 398   |
| 2003 | 289            | 101                    |                  | 390   |
| 2002 | 258            | 81                     |                  | 339   |
| 2001 | 347            | 65                     |                  | 412   |

#### Chart 1: Incidents summary 2001-2014



There has been a general increase in the number of incidents over the last 14 years although the balance between Mountaineering and Non-Mountaineering is variable year to year.



#### **Persons Assisted**

Data is currently unavailable for 48 of 533 incidents\*

For comparison, the missing data is assumed to be 1 per incident, the most common\* (Table 8)

Table 2: Persons assisted

| Year | Total |
|------|-------|
| 2014 | 655*  |
| 2013 | 721   |
| 2012 | 720   |
| 2011 | 684   |

The number of persons assisted appears to have reduced considerably from previous years.

However, due to the absence of some data, this may not be a true figure.

## Type of Callout.

Mountain Rescue Teams are asked to respond to a variety of incident types. Where known,

this is shown below.

Recorded in 491 of 553 incidents\*

Table 3: Type of Callout

| Body recovery        | 16  |
|----------------------|-----|
| Civil Resilience     | 3   |
| False alarm          | 10  |
| Medical emergency    | 17  |
| Police Investigation | 8   |
| Search               | 109 |
| Rescue               | 219 |
| Search and Rescue    | 97  |
| Search (water)       | 3   |
| Technical Rescue     | 4   |
| Water Rescue         | 1   |
| Animal rescue        | 4   |
| Not recorded         | 62  |
|                      |     |



Scottish Mountain Rescue is a registered Scottish Charity – No. SC045003

## Mountaineering And Non-Mountaineering Incidents.

All incidents involving Scottish Mountain Rescue Teams are reported in two broad categories, Mountaineering and Non-Mountaineering.

#### Data is currently unavailable for 104 of 533 incidents \*

Since 2010, Incident type are based on the activity being undertaken. "Mountaineering" includes Climbing or Hillwalking in both Summer and Winter. It also includes personnel on Mountain Rescue missions

| Table 4: Mountaineering | incidents by type.  |
|-------------------------|---------------------|
| Table 4. Mountaincening | inclucints by type. |

|                     | 2014*     | 2013      | 2012      | 2011      |
|---------------------|-----------|-----------|-----------|-----------|
| Hillwalking -Summer | 177 (65%) | 212 (61%) | 246 (64%) | 242 (68%) |
| Hillwalking-Winter  | 68 (25%)  | 88 (25%)  | 105       | 61        |
| Rock climbing       | 8 (3%)    | 13 (4%)   | 13        | 13        |
| Snow/Ice climbing   | 12 (4%)   | 28 (8%)   | 15        | 33        |
| Scrambling          | 8 (3%)    | 5 (1%)    | 2         | 4         |
| Mountain Rescue     | 0         | 1         | 0         | 2         |

# Non-Mountaineering Incidents Reported

#### Table 5: Non-Mountaineering incidents by type

| Activity             | 2014 | 2013 | 2012 |
|----------------------|------|------|------|
| Airsports            | 0    | 3    | 1    |
| 4x4/ATV driving      | 2    |      |      |
| Animal rescue        | 4    | 4    | -    |
| Body recovery        | 4    | 6    | 10   |
| Canoe/Kayak/Raft     | 3    | 1    | 8    |
| Canyoning            | 0    | 3    | -    |
| Caving               | 1    |      |      |
| Civil resilience     | 1    | 12   | 3    |
| Cycling              | 12   | 15   | 16   |
| Equestrian           | 2    |      |      |
| False Alarm          | 9    |      |      |
| Fishing              | 1    | 1    | -    |
| Medevac              | 0    | 1    | -    |
| Military exercise    | 0    | 2    | -    |
| Missing person       | 60   | 76   | 41   |
| Motor vehicle        | 3    | 3    | -    |
| Police investigation | 2    | 1    | -    |
| Running              | 10   | 8    | 9    |
| Rural walking        | 23   | 37   | 6    |
| Self harm            | 15   | 3    | 37   |
| Skiing               | 2    | 6    | 3    |
| Snowboarding         | 1    |      |      |
| Swimming             | 2    |      |      |
| Working              | 7    | 6    | 9    |
| Other                | 12   | 6    | 39   |
| Not recorded         |      | 45   |      |
| Total reported       | 176  | 239  |      |





## Information About Casualties.

During the year 2014, some information about the nature of the illness or injury was recorded in 278 out of 533 incidents.

#### Table 6: Primary Casualty injury or illness

| Illness or Injury             | 2014 | 2013 |
|-------------------------------|------|------|
| Drowning                      | 1    | 2    |
| Asphyxia                      | 2    | 1    |
| Fracture, sprain, dislocation | 73   | 78   |
| Heart                         | 7    | 6    |
| Heat illness                  | 0    | 3    |
| Hypothermia                   | 9    | 17   |
| Internal Injury               | 2    | 3    |
| Cuts/Bruising                 | 25   | 15   |
| Multiple injuries             | 8    | 10   |
| Illness ,CVA, seizure, Asthma | 1    | 8    |
| Other                         | 15   | 34   |
| Fatality                      | 26   | 55   |
| None                          | 109  | 118  |

## Site Of Injury.

Table 7: Site of Injury

|                      | 2014 | 2013 |
|----------------------|------|------|
| Head/Neck            | 28   | 21   |
| Arm/shoulder         | 10   | 18   |
| Back                 | 3    | 4    |
| Chest                | 12   | 5    |
| Pelvis/Hip           | 3    | 5    |
| Internal/Abdomen     | 0    | 2    |
| Thigh                | 3    | 5    |
| Knee                 | 6    | 13   |
| Lower leg/Ankle/Foot | 74   | 76   |

The predominant type and site of injury remains a fracture, dislocation or sprain to the Lower leg. This has been a consistent pattern over the years

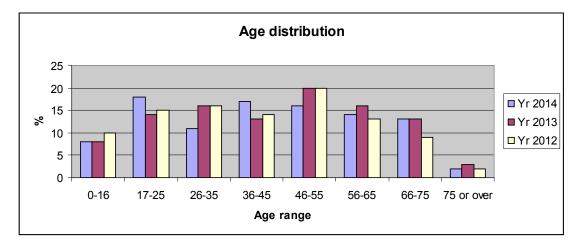
## Age Of Casualties.

#### Recorded in 246 of 553 incidents

#### Table 8: Age range

|            | 20                 | 14  | 2013 | 2012 |
|------------|--------------------|-----|------|------|
| Age range  | Number<br>recorded |     |      | (%)  |
| 0-16       | 20                 | 8%  | 8    | 10   |
| 17-25      | 44                 | 18% | 14   | 15   |
| 26-35      | 28                 | 11% | 16   | 16   |
| 36-45      | 42                 | 17% | 13   | 14   |
| 46-55      | 39                 | 16% | 20   | 20   |
| 56-65      | 34                 | 14% | 16   | 13   |
| 66-75      | 33                 | 13% | 13   | 9    |
| 75 or over | 6                  | 2%  | 3    | 2    |

#### Chart 2: Age range of persons assisted



There appears to be a more even distribution across the age ranges than in previous years.





## Multiple Casualty Incidents.

#### Recorded in 436 of 553 incidents

Table 9: Multi Casualty incidents

| No of Persons   | 1   | 2  | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 |
|-----------------|-----|----|---|---|---|---|---|---|---|----|----|
| No of incidents | 359 | 61 | 8 | 6 | 1 | 0 | 0 | 0 | 0 | 0  | 1  |

The majority of incidents only involved one casualty.

## **Evacuation Method.**

#### Recorded in 296 out of 533 incidents

Table 10: Method of evacuation

| Evacuation method | 20 | 14  | 2013 |
|-------------------|----|-----|------|
| Self rescue       | 15 | 5%  | 6%   |
| Carry off         | 53 | 18% | 15%  |
| Walk Off          | 82 | 28% | 23%  |
| Helicopter        | 97 | 33% | 38%  |
| None              | 25 | 8%  | 8%   |
| Talk off          | 9  | 3%  | 2%   |
| Other             | 15 | 5%  | 7%   |

## Factors.

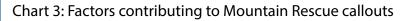
It is often difficult to assign a cause which leads to the calling out of a Mountain Rescue Team. If a walker slips on a mountain path, the simple cause is that they slipped. If however, a mountaineer falls a distance on broken terrain, the cause may be a slip, but may be contributed to by a navigation error, darkness or other factors.

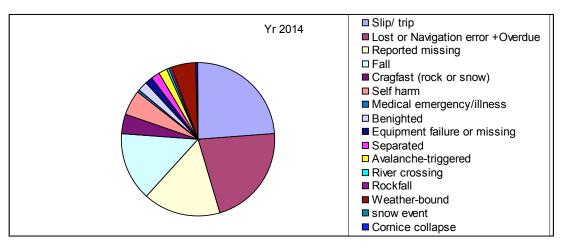
In their reports, MRT's identify the main causes where it is known, however there are other factors that may not be identified or recorded.

| Factor                        |    | 014   | 2013 (%) | 2012 (%) |
|-------------------------------|----|-------|----------|----------|
| Slip/ trip                    | 64 | 21.1% | 23.4     | 16.8     |
| Lost or Navigation error      | 65 | 15.8% | 19.1     | 20.6     |
| Reported missing              | 44 | 14.5% | 12.8     | 18.1     |
| Fall                          | 38 | 12.5% | 11.8     | 10.5     |
| Overdue                       | 12 | 4.0%  | 9.7      | 11       |
| Cragfast (rock or snow)       | 12 | 4.0%  | 5.9      | 2.7      |
| Self harm                     | 14 | 4.6%  | 4        | 0        |
| Medical emergency/illness     | 1  | 0.3%  | 3.3      | 5.4      |
| Benighted                     | 6  | 2.0%  | 1.9      | 3.5      |
| Equipment- failure or missing | 4  | 1.3%  | 1.9      | 0        |
| Separated                     | 6  | 2.0%  | 1.7      | 2.6      |
| Avalanche-triggered           | 4  | 1.3%  | 1.2      | 0        |
| River crossing                | 2  | 0.7%  | 0.9      | 2.3      |
| Rockfall                      | 1  | 0.3%  | 0.7      | 0.3      |
| Weather-bound                 | 14 | 4.6%  | 0.7      | 0        |
| snow event                    | 0  | 0     | 0.7      | 0        |
| Cornice collapse              | 1  | 0.3%  | 0.2      | 0.1      |
| Walk over cornice             | 5  | 1.7%  | -        | -        |
| Technology reliance           | 3  | 1.0%  | -        | -        |
| Exhaustion                    | 2  | 0.7%  | -        | -        |
| Overstretched                 | 1  | 0.3%  | -        | -        |
| Lightning                     | 1  | 0.3%  | -        | -        |
| Leg trapped                   | 1  | 0.3%  | -        | -        |
| Blown Over                    | 1  | 0.3%  | -        | -        |
| Avalanche-natural             | 1  | 0.3%  | -        | -        |

Table: 11 Factors contributing to Mountain Rescue Callouts







Slips and trips account for the biggest single factor at 21%

However if misplaced persons from the Lost, Navigation errors, Overdue and Missing persons factors are combined, then the total contribute significantly to the reasons for call outs at 34%.

## Busiest Times Of The Year.

The volunteer Teams are available to respond to callouts at any time throughout the year.

| Tab | le | 12: | Incide | ents | by | month |  |
|-----|----|-----|--------|------|----|-------|--|
|     |    |     |        |      |    |       |  |

|           | 2014  |                                  | 2013 | 2012 |
|-----------|-------|----------------------------------|------|------|
|           |       | Arrows indicate change from 2013 |      |      |
| January   | 6.6%  | V                                | 7.2  | 8.6  |
| Feb       | 7.5%  | V                                | 11.1 | 7    |
| March     | 5.8%  | V                                | 11.3 | 6.6  |
| April     | 9.9%  | <b>^</b>                         | 7.3  | 7.6  |
| May       | 12.8% | <b>^</b>                         | 10.1 | 12.1 |
| June      | 10.1% | <b>^</b>                         | 8    | 10.5 |
| July      | 12.8% | <b>^</b>                         | 7.2  | 9.6  |
| August    | 11.6% | <b>^</b>                         | 7.5  | 8.6  |
| September | 10.7% | V                                | 13   | 10   |
| October   | 4.1%  | $ \mathbf{V} $                   | 8.7  | 7.8  |
| November  | 3.9%  | V                                | 4.1  | 4.9  |
| December  | 4.1%  | V                                | 4.6  | 6.8  |

Overall the Scottish "summer" is the busiest period for rescue Teams although significant variation occurs from Team to Team due to the significance of winter mountaineering activities in some areas.



# Days Of The Week.

#### Table 13: Incidents by Weekday

| 2014      |                 |     | 2013 |
|-----------|-----------------|-----|------|
| Day       | No of Incidents | %   | %    |
| Monday    | 63              | 12% | 12   |
| Tuesday   | 73              | 14% | 13   |
| Wednesday | 50              | 9%  | 10   |
| Thursday  | 76              | 14% | 12   |
| Friday    | 71              | 13% | 10   |
| Saturday  | 120             | 23% | 24   |
| Sunday    | 80              | 15% | 19   |

Incidents can occur on any day of the week but are most common on a Saturday.



## Incidents and Hours Per Team.

Scottish Mountain Rescue Teams operate throughout the country in all geographical areas. The Table below documents the total number of times each team was called to assist in the incidents, together with the combined number of person hours (e.g. a call out in which 12 people were deployed for 5 hours yields 60 person hours. It should be noted that these figures in no way include the vast amount of additional time volunteer teams spend training, fundraising, administration etc.

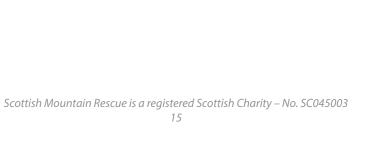
Table 14: Incidents by Team

| Team                    | No. of incidents | Hours deployed |
|-------------------------|------------------|----------------|
| Aberdeen MRT            | 21               | 1187.85        |
| Arran MRT               | 18               | 458.5          |
| Arrochar MRT            | 17               | 532.33         |
| Assynt MRT              | 6                | 58             |
| Borders SARU            | 16               | 772            |
| Braemar MRT             | 31               | 1037.5         |
| Cairngorm MRT           | 45               | 1575           |
| Dundonnell MRT          | 20               | 767            |
| Galloway MRT            | 10               | 294            |
| Glencoe MRT             | 54               | 1655           |
| Glenelg MRT             | 4                | 30             |
| Glenmore MRT            | 7                | 61             |
| HebSAR                  | 8                | 647.95         |
| Killin MRT              | 15               | 677            |
| Kintail MRT             | 7                | 219            |
| Lochaber MRT            | 93               | 3703           |
| Lomond MRT              | 22               | 721.5          |
| Moffat MRT              | 15               | 401            |
| Oban MRT                | 8                | 434            |
| Ochils MRT              | 18               | 722.25         |
| SARDA Scotland          | 64               | 1054.06        |
| SARDA Southern Scotland | 49               | 466.5          |
| Scottish Cave Rescue    | 1                | 6              |
| Skye MRT                | 35               | 1735.5         |
| Tayside MRT             | 34               | 670.5          |
| Torridon MRT            | 20               | 743.5          |
| Tweed Valley MRT        | 26               | 1308           |
| Totals                  | 664              | 21937.94       |

| Team                              | No. of incidents | Hours deployed |
|-----------------------------------|------------------|----------------|
| Police Scotland (Grampian) MRT    | 37               | 1128.5         |
| Police Scotland (Strathclyde) MRT | 59               | 1259.5         |
| Police Scotland (Tayside) MRT     | 35               | 596            |
| Totals                            | 131              | 2984           |

# Incidents by Geographical Police Area.

| Police Division                  | Number of incidents |
|----------------------------------|---------------------|
| A - Aberdeen                     | 0                   |
| B - Aberdeenshire and Moray      | 33                  |
| C - Forth Valley                 | 52                  |
| D - Tayside                      | 35                  |
| E - Edinburgh                    | 10                  |
| G - Glasgow                      | 2                   |
| J - Lothians & Borders           | 32                  |
| K - Renfrewshire & Inverclyde    | 0                   |
| L - Argyll & West Dumbartonshire | 29                  |
| N - Highlands & Islands          | 286                 |
| P - Fife                         | 1                   |
| Q - Lanarkshire                  | 2                   |
| U - Ayrshire                     | 25                  |
| V - Dumfries & Galloway          | 25                  |







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